

Children's of Alabama Continuing Medical Education

2025 Sleep Medicine Journal Club - 12/19/2025

***Topic(s):*** This is a monthly journal club to review the latest research in pediatric sleep medicine. The lectures are

performed in the pulmonary conference room on the 3rd Friday of the month at 1PM. The

discussion in lead by one of the sleep fellows or a member of the Sleep medicine faculty.

***Objectives:*** 1 Understand the impact of poor sleep on health and development as well as it's role in different disease processes.

2 Review the latest diagnostic strategies for patients with sleep disorders.

3 Discuss the most up-to-date treatment for patients with sleep disorders

***Date/Time:*** 12/19/2025 1:00:00 PM

***Location:*** Lowder Building, Suite 620

***Planners/Content Reviewers/Speakers – Disclosures:***

Planners, Content Reviewers and Speaker have the following financial relationship(s) with commercial interests to disclose:

Puneet Aulakh, MD :

***Designation/Accreditation:***

Children's of Alabama designates this Journal-based CME activity for a maximum of 1.00 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Children’s of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.