



Children's
of Alabama®



Introducing Children's of Alabama Behavioral Health Project ECHO

Project ECHO® (Extension for Community Healthcare Outcomes) is a movement, whose mission is to develop the capacity to demonopolize knowledge and amplify the capacity to provide best practice care for under-served people all over the world. Replication of the ECHO model™ is achieved through the creation of ECHO “hubs”(Children's of Alabama) or regional centers, in which partner sites or “spokes”(participating practices/physicians) connect through teleECHO™ networks, gaining specialty expertise and knowledge.

Our Hub Team includes: Tom Vaughan, MD
Courtney Reeves, CRNP
Nina Reynolds, PhD

Staci Smith, LICSW
Stacey Daugherty, LICSW



What: The Project ECHO Program consists of 8 bi-weekly, 60 minute telementoring sessions, each beginning with a brief didactic presentation from a behavioral health specialist and then highlighting a case presented by one of the participating physicians/clinicians.

When: The sessions will begin on August 22, 2019. They will be held biweekly on Thursdays from 12:15pm until 1:15pm.

Where: You can participate remotely from the comfort of your office or home via the internet.

Objectives - To enable learners to:

- 1) Recognize and diagnose patients with behavioral health conditions within their practice
- 2) Identify first-line treatments for a variety of behavioral health conditions in children/adolescents
- 3) Identify techniques for intervening with families of children with behavioral health conditions
- 4) Apply screening tools for behavioral health conditions and define how they can be utilized in clinical practice

Children's of Alabama designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Children's of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

Additional Information:

* There is no cost to participate

* Schedule:

Session 1: 8/22/19 - ECHO & Behavioral Health: Overview
Session 2: 9/05/19 - Behavior Disorders Across Adolescence
Session 3: 9/19/19 - Depression and Suicide Risk Assessment
Session 4: 10/03/19 - Anxiety

Session 5: 10/17/19 - Positive MCHAT
Session 6: 10/31/19 - Eating Disorders
Session 7: 11/14/19 - Behavior Disorders in Preschool and Early Childhood
Session 8: TBD

* Register at

* Questions – contact Susan Griffin at susan.griffin@childrensal.org/205-638-5673

or Kristin Adams at kristin.adams@childrensal.org/205-638-5674

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